ACTIVITY TRENTINO SUMMER 2025 PRE SEASON PROGRAM

FROM 1 JUNE TO 14 JUNE

SUNDAY, 1ST JUNE:

ANDALO - Trekking to the Paganella Caves and the Eagle Throne

Category: EASY TREKKING **Time:** 9:00am to 3:30pm

Departure and arrival: Activity Trentino Office, Via Paganella 3a - Andalo

Itinerary length: variable based on the choice of itinerary

Difference in altitude: Excursion for everyone, modulated according to the abilities of the

participants

Age: Adults and children from 6 years old used to walking

Lunch: in the refuge or packed **Activity cost:** €5 per person

Extra costs: cable car ticket to Cima Paganella (round trip), possible lunch cost in the refuge

From the Paganella peak we will walk towards the Trono dell'Aquila, an extremely panoramic point and arrival point of the famous "Ferrata delle Aquile". We will cross a large cave and then

arrive at the Canalone Battisti.

Through the botanical path, characterized by a multitude of native flowers and plants, we will reach a beautiful refuge, where we will stop for a lunch break, and then return to Andalo in the early afternoon.

FRIDAY, 6TH JUNE:

MOLVENO - E-bike tour of the Molveno and Nembia lakes

Category: EASY E-BIKE TOUR

Time: 9:00am to 11:30am

Departure and arrival: Activity Trentino Office/Rental Bear Bike Center - Lake Molveno **Itinerary length:** tour of approximately 20 km on asphalt and dirt roads and mountain paths

Difference in altitude: minimum

Age: Adults and children from 14 years old

Activity cost: €10 per person

Extra costs: possible discounted e-bike rental (€25)

Circular tour with departure and arrival in Molveno. We will cycle along the Rio Massò's banks to continue towards the old sawmill. We will cycle on the western shore of Molveno Lake and make a coffee stop in the panoramic Rifugio "Fortini di Napoleone". We will continue in the direction of Nembia Lake, a WWF Oasis, a pearl of rare beauty, less known than its "big brother" Molveno Lake, but perhaps even more characteristic. We will return following the eastern shore of Molveno Lake. A ride with our instructors in a breathtaking environment, during the route we will give accurate information relating to the area and the lakes we will visit.





SATURDAY, 7TH JUNE:

MOLVENO - Trekking: tour of the Brenta Dolomites' refuges

Category: MEDIUM DIFFICULTY TREKKING

Time: 9:00am to 3:30pm

Departure and arrival: Molveno cable car

Itinerary length: approximately 12 km on mountain paths

Difference in altitude: 400m

Age: Adults and children from 8 years old used to walking

Lunch: in the refuge or packed **Activity cost:** €5 per person

Extra costs: Molveno Pradel cable car ticket (one way), possible cost of lunch in the refuge

Starting from the Pradel plateau, we will enter the wild nature that dominates Molveno in the Brenta Dolomites' heart. Admiring the magnificent panorama of Molveno Lake along the way, we will arrive at the Croz dell'Altissimo refuge, then continuing to the Selvata refuge, immersing ourselves in the Adamello Brenta Natural Park. We will then return to Molveno on foot in the afternoon.

MONDAY, 9TH JUNE:

ANDALO - Trekking to the Paganella Caves and the Eagle Throne

Category: EASY TREKKING Time: 9:00am to 3:30pm

Departure and arrival: Activity Trentino Office, Via Paganella 3a - Andalo

Itinerary length: variable based on the choice of itinerary

Difference in altitude: Excursion for everyone, modulated according to the abilities of the

participants

Age: Adults and children from 6 years old used to walking

Lunch: in the refuge or packed **Activity cost:** €5 per person

Extra costs: cable car ticket to Cima Paganella (round trip), possible lunch cost in the refuge

From the Paganella peak we will walk towards the Trono dell'Aquila, an extremely panoramic point and arrival point of the famous "Ferrata delle Aquile". We will cross a large cave and then arrive at the Canalone Battisti.

Through the botanical path, characterized by a multitude of native flowers and plants, we will reach a beautiful refuge, where we will stop for a lunch break, and then return to Andalo in the early afternoon.





FRIDAY, 13RD JUNE:

MOLVENO - E-bike tour of the Molveno and Nembia lakes

Category: EASY E-BIKE TOUR

Time: 9:00am to 11:30am

Departure and arrival: Activity Trentino Office/Rental Bear Bike Center - Lake Molveno **Itinerary length:** tour of approximately 20 km on asphalt and dirt roads and mountain paths

Difference in altitude: minimum

Age: Adults and children from 14 years old

Activity cost: €10 per person

Extra costs: possible discounted e-bike rental (€25)

Circular tour with departure and arrival in Molveno. We will cycle along the Rio Massò's banks to continue towards the old sawmill. We will cycle on the western shore of Molveno Lake and make a coffee stop in the panoramic Rifugio "Fortini di Napoleone". We will continue in the direction of Nembia Lake, a WWF Oasis, a pearl of rare beauty, less known than its "big brother" Molveno Lake, but perhaps even more characteristic. We will return following the eastern shore of Molveno Lake. A ride with our instructors in a breathtaking environment, during the route we will give accurate information relating to the area and the lakes we will visit.

SATURDAY, 14TH JUNE:

MOLVENO - Trekking: tour of the Brenta Dolomites' refuges

Category: MEDIUM DIFFICULTY TREKKING

Time: 9:00am to 3:30pm

Departure and arrival: Molveno cable car

Itinerary length: approximately 12 km on mountain paths

Difference in altitude: 400m

Age: Adults and children from 8 years old used to walking

Lunch: in the refuge or packed **Activity cost:** €5 per person

Extra costs: Molveno Pradel cable car ticket (one way), possible cost of lunch in the refuge

Starting from the Pradel plateau, we will enter the wild nature that dominates Molveno in the Brenta Dolomites' heart. Admiring the magnificent panorama of Molveno Lake along the way, we will arrive at the Croz dell'Altissimo refuge, then continuing to the Selvata refuge, immersing ourselves in the Adamello Brenta Natural Park. We will then return to Molveno on foot in the afternoon.



