



Winter Weekly program
26st of December > 19st of March 2017



MONDAY

Andalo h. 14,00 / 16,00 – **CROSS-COUNTRY SKIING TASTER:** **Family 8+**

Have a go at this aerobic winter sport in the tranquil setting of the woods surrounding the Andalo lake. It's an activity that uses your balance and coordination and that involves all the muscle groups. It's a great opportunity to try this age-old sport in the company of our cross country skiing instructors.

How to book: You must book before 13:00 the day the activity will take place, at your hotel reception.

Meeting point: The cross country ski hire on ice in the Andalo sports ground. Otherwise, connected to the weather condition, at the Pian Dosson **What to bring:** Comfortable cold weather clothing, gloves, hat. **Difficulty:** Easy and for everyone. Children from aged 8 upwards **Calories consumption:** 600 - 800 calories. **Cost:** €10 for equipment hire

Andalo h. 17,30 / 19,00 – **SNOW-SHOES EXCURSION. Experience the sunset inside the wild, knowing the secrets of the wood.**

Family 7+

Walking through the forest at dusk, returning by torch light, the day giving way to night and the lights of the village shining in the distance all make for an unforgettable moment of your holiday on the Paganella Plateau.

How to book: You must book before 13:00 the day the activity will take place, at your hotel reception. (max 30 people) **Meeting point:** At the climbing wall by the Andalo sports centre, close to the Mountain Guide chalet. **What to bring:** trekking or walking shoes, gloves, hat. **Difficulty:** Easy and for everyone. kids 7+. Baby inside the backpack. **Calorie consumption:** 700 - 900 calories. **Cost:** €5 for snow-shoe hire

TUESDAY

Andalo h. 14,00 / 16,00 – CROSS-COUNTRY SKIING COURSE. The activity that burns calories to get back in top shape without sweat. **Family 8+**

Cross-country course around the lake or in the woods of Andalo Paganella on flat paths and easy to learn the technique and the pleasure of slipping and skating, followed by professional ski instructors of the Ski School Dolomiti di Brenta.

Registration: Please book by 17.00 h of the day before the activity at our office Activity - Ski School Dolomites, Via Paganella 3 / a. Or in advance and directly ON-LINE at the following address: <http://www.scuolaitalianasci.com/it/corsi-di-sci/fondo>

Meeting point: The cross country ski hire o ice in the Andalo sports ground. Otherwise, connected to the weather condition, at the Pian Dosson **What to bring:** Comfortable cold weather clothing, gloves, hat. **Difficulty:** Easy and for everyone. Children from aged 8 upwards. **Cost:** ski school and rental ski equipment complete ski-instructor € 100 - reduced price reserved for Activity Hotel.

Andalo h. 14,00 / 16,30 – SNOW-SHOES EXCURSION – Paganella Mountain, the silver basin. **Family 10+**

Walking through the forest at dusk. An occasion to discovery the metamorphism of the snow and the story of the snow cristal. A chance to appreciate nature and the mountains in winter with unique views of the Brenta Dolomites.

How to book: You must book by 17:00 the day before the activity, at your hotel reception. **Meeting point:** Activity office / ski school in the town center in front of the Cableway **What to bring:** Trekking or walking shoes, gloves, hat, small backpack **Difficulty:** Easy and for everyone. kids 10+. **Calorie consumption:** 300 calories. **Cost:** €5 for snow-shoe hire, plus the ticket for the lift.

WEDNESDAY

Andalo h. 14,00 / 16,30 – SKI TOURING, what a passion. Family 14+

Do you want to try a new experience such as hiking up a mountain with the ski? That's your challenge for your winter holiday in our ski resort. The Mountain Guide will introduce you to some scientific aspects of the snow, meteorology and off-piste techniques, as well as a simulated avalanche rescue.

How to book: You must book by 17:00 the day before the activity, at your hotel reception. (equipment reservation is required, number and height of foot).

Meeting point: Activity office / ski school in the town center in front of the Cableway.

What to bring: ski touring gear, backpack, jacket, sunglasses, water and snacks.

Difficulty: For people who ski parallel turns. For sports people.

Cost: Cost of ski-pass plus renting skitouring gear 20€. **Calorie consumption:** 4000-6000 calories.

Andalo h. 09,00 / 12,30 – SNOW-SHOES EXCURSION in High Mountains. A wild excursion, up to the Canfedin plateau. Family 10+

Into the wood telling the stories and the legends of wild animals and fantasy characters whole into the wild nature.

How to book: You must book by 17:00 the day before the activity, at your hotel

reception. **Meeting point:** The climbing wall by the Andalo sports centre. Mountain

Guide chalet. **What to bring:** trekking or walking shoes, gloves, hat, backpack, jacket,

sunglasses, water and snacks. **Difficulty:** For people used to walk. Kids up to 10 years.

Calorie consumption: 600 calories. **Cost:** €5 for snow-shoes hire.

THURSDAY

Andalo h. 09,30 / 16,00 – SNOW-SHOE EXCURSION to the Montanara mountain refuge. Family 12+

This is a pleasant excursion which climbs up through thick fir forests, reign of the Lynx and Roe deer. It's a good introduction to the elements of the mountain in winter, where we can discover animal tracks and learn about how man has created the paths and mule-tracks that take us up the mountain.

Our destination is the Montanara mountain refuge which offers wonderful panoramic views across the Dolomiti di Brenta range. You can bring a pack lunch or eat in the refuge.

How to book: You must book by 17:00 the day before the activity, at your hotel reception. **Meeting point:** The climbing wall by the Andalo sports centre close to the Mountain Guide chalet. **What to bring:** Small rucksack with water and snack, trekking or walking shoes, gloves, hat, change of top. **Difficulty:** For people used to walk. Children aged 12 upwards. **Calorie consumption:** 600 calories. **Cost:** €5 for snow-shoe hire

FRIDAY

Andalo h. 16,00 / 19,30 – SNOW-SHOES EXCURSION – Sunset, in Paganella Mount, Dosson Location. Family 8+

Walking through the forest at dusk, returning by torch light, the day giving way to night and the lights of the village shining in the distance all make for an unforgettable moment of your holiday on the Paganella plateau.

How to book: You must book by 17:00 the day before the activity, at your hotel reception. **Meeting point:** Activity office, via Paganella 3a Andalo village. **What to bring:** trekking or walking shoes, gloves, hat. **Difficulty:** Easy and for everyone. **Calorie consumption:** 400 calories. **Cost:** €5 for snow-shoe hire + lift

SATURDAY

Andalo h. 10,00 / 12,30 – **SNOW-SHOE EXCURSION in Paganella Mount** **Family 10+**

Walking off the beaten path in snow-shoes is something that everyone can try. This is a chance to get learn some of the secrets of the forest and to enjoy a walk in good company. We'll learn about the history, local culture and flora and fauna of the area by crossing the woods.

How to book: You must book by 17:00 the day before the activity, at your hotel reception. **Meeting point:** Activity office, via Paganella 3a Andalo village.

What to bring: trekking or walking shoes, gloves, hat. **Difficulty:** Easy and for everyone. children 10+ **Transport to meeting point:** own or public transport. Calorie consumption: 700 - 900 calories. **Cost:** €5 for snow-shoe hire + lift

SATURDAY 31 December 2015

Andalo h. 16,00 / 18,30 – **SNOW-SHOE EXCURSION on New Year'Eve with vin brulé tasting.** **Family 8+**

Walking through the forest at dusk to celebrate the new year coming!

How to book: You must book by 17:00 the day before the activity, at your hotel reception. **Meeting point:** The climbing wall by the Andalo sports centre. Mountain Guide chalet. **What to bring:** trekking or walking shoes, gloves, hat. **Difficulty:** Easy and for everyone. kids 7+. **Cost:** €8 for snow-shoe hire+ vin brulé.

Only Friday 23th of December 30th of December and 6th of January

Molveno h. 09,00/12,00 – SNOW-SHOE EXCURSION. Walking at the steps of the Dolomites – Pradèl plateau. Family 8+

A panoramic hiking with the snow shoes in the Pradèl area, up with the lift to enjoy the mountains, one of the best view point on the Brenta Dolomites.

How to book: You must book by 17:00 the day before the activity, at your hotel reception. **Meeting point:** Molveno, cablecar starting point

What to bring: a small rucksack with water and snack, trekking or walking shoes, gloves, hat. **Difficulty:** Easy and for everyone.

Transport to meeting point: own or public transport. Calorie consumption: 350 - 450 calories. **Cost:** 5€ for rent of Snow-shoe equipment.