



WINTER WEEKLY PROGRAM



MONDAY

Andalo 8.30 - 11.00 **ACCOMPANIED SKIING**



From 8th January

Get to know the Paganella ski area with our alpine guides.

How to book: book the activity the day before at your hotel reception (before 8 pm)

Meeting point: Activity office / ski school in the city centre in front of the cableway

What to bring: full ski equipment

Difficulty: good skier over 18, able to ski on every slope

Calories consumption: 200-250 calories

Cost: €10 + skipass

Andalo 10.00 - 12.00 **SNOWSHOES EXCURSION TO “PIAN DEI SARNACLI”**



Family 8+

Walk through the forest on a beautiful path, through a canyon and a fairy-tale wood to reach “Pian dei Sarnacli” area.

How to book: book the activity the day before at your hotel reception (before 22 pm)

Meeting point: climbing wall by the Andalo sports centre, close to the mountain guide chalet.

What to bring: trekking or walking shoes, gloves and a hat

Difficulty: easy and for everyone. Children 8+, babies in the backpack

Calories consumption: 200-250 calories

Cost: snowshoes hire €5

Andalo 14.00 - 16.00 **CROSS-COUNTRY SKIING TASTER**

Family 8+

Have a go at this aerobic winter sport in the amazing landscapes of the woods surrounding the Andalo Lake. Cross-country skiing improves your balance and coordination and involves all the muscle groups. Try this age-old sport with the help of our cross-country skiing instructors, and discover how this sport could be both fun and relaxing at the same time.

How to book: book the activity the day before at your hotel reception (before 1 pm)

Meeting point: cross-country ski hire centre at the Andalo soccer field. Otherwise, connected to the weather condition, at the Pian Dosson

What to bring: comfortable cold weather clothing, gloves and a hat

Difficulty: easy and for everyone. Children 8+

Calories consumption: 400-600 calories

Cost: equipment hire €10



WINTER WEEKLY PROGRAM



TUESDAY

Andalo 14.30 - 16.30

TRACE THE TRACK



From 8th January

Activity Kids

Challenge your friends to find as many as footprints of animals living in the forests as you can. A fun and educational activity for the kids.

How to book: book the activity the day before at your hotel reception (before 5 pm)

Meeting point: Outdoor Centre Activity/Scuola Sci Dolomiti di Brenta, at the “Pian del Dosson”-intermediate station of the cableway 2001, which starts from the city centre

What to bring: trekking shoes or ski boots, gloves and a hat

Difficulty: children 5-12 years

Calories consumption: 250-300 calories

Cost: cableway ticket

Andalo from Tuesday to Friday 14.00 - 16.00 **CROSS-COUNTRY SKIING COURSE**

Family 8+

Cross-country course around the lake or in the woods of Andalo Paganella, to learn the different techniques and the pleasure of slipping and skating, followed by professional ski instructors of the Dolomiti di Brenta Ski School.

Registration: book the activity the day before (before 5 pm) at our Activity office / ski school in the city centre in front of the cableway, or in advance and directly ON-LINE at the following address: <http://www.scuolaitalianasci.com/it/corsi-di-sci/fondo>

Meeting point: cross-country ski hire centre at the Andalo soccer field

What to bring: comfortable cold weather clothing, gloves and a hat

Difficulty: easy and for everyone. Children 8+

Calories consumption: more than 400 calories per day

Cost: € 100 for rental and ski school (reduced price reserved for Activity Hotel guests)

Andalo 16.00 - 19.30

SUNSET SNOWSHOES EXCURSION AND BONFIRE



Family 8+

Go up with the cableway and then walk with the snowshoes in the woods of Paganella, while admiring the phenomenon of the sunset in the Brenta Dolomites. A stunning circular route with a cocktail sitting around the Bonfire at Dosson Refuge.

How to book: book the activity the day before at your hotel reception (before 5 pm)

Meeting point: Activity office / ski school in the city centre in front of the cableway

What to bring: trekking or walking shoes, gloves, a hat, a small backpack with water and snack

Difficulty: easy and for everyone. Children 8+

Calorie consumption: 350-400 calories.

Cost: snowshoes hire €5 + cocktail €5 + ticket for the cableway



WINTER WEEKLY PROGRAM



WEDNESDAY

Andalo 14.00 - 16.30

DISCOVER SKI TOURING

NEW

Family 14+

Do you want to try a new experience such as hiking up a mountain with the ski? Learn how to go uphill with skins and let our mountain guides tell you something about the scientific aspects of the snow, meteorology and off-piste techniques, as well as simulated avalanche rescue.

How to book: book the activity the day before at your hotel reception (before 5 pm), equipment reservation is required, we need your height and foot number

Meeting point: Activity office / ski school in the city centre in front of the cableway

What to bring: ski touring gear (possible rent at the meeting point), backpack, jacket, sunglasses, water and snacks

Difficulty: skier who can go down on red slopes. Children 14+

Calorie consumption: 400-600 calories

Cost: skitouring gear hire 20€ + skipass

Andalo 10.00 - 12.30

ELECTRIC FAT BIKES

NEW

Family 14+

Try the experience of riding a mountain bike on the snow assisted by a certified MTB instructor. Thanks to the fat bikes, which have specific tires, you will have fun for sure!

How to book: book the activity the day before at your hotel reception (before 5 pm)

Meeting point: Activity office / ski school in the city centre in front of the cableway

What to bring: ski clothes, backpack, jacket, spare t-shirt, sunglasses, ski gloves, water and snacks

Difficulty: anyone who can ride a bike, children 14+

Calorie consumption: 300-400 calories

Cost: fat bike and helmet rent 20€ + lift ticket



WINTER WEEKLY PROGRAM



THURSDAY

Andalo 9.30 - 16.00 **SNOWSHOES EXCURSION TO MONTANARA REFUGE**

Family 10+

Climb up through thick fir forests, which are known as reign of the Lynx and Roe deer, trying to discover animal tracks. Our destination is the Montanara mountain refuge, which offers wonderful panoramic views across the Dolomiti di Brenta range. You can bring your own packed lunch or eat in the refuge.

How to book: book the activity the day before at your hotel reception (before 5 pm)

Meeting point: climbing wall by the Andalo sports centre close to the Mountain Guide chalet.

What to bring: small rucksack with water or hot beverage and a snack, trekking or walking shoes, gloves, hat, spare t-shirt

Difficulty: people used to easy trekking (500m difference in altitude). Children 10+

Calorie consumption: 700 calories

Cost: snowshoes hire €5

Andalo 14.00 - 16.00 **LITTLE ICE CLIMBERS**



From 8th January

Activity Kids

Try to climb up a little iced mountain with harness, rope and special axes, with the supervision of Alpine Guides.

How to book: Book the activity the day before at your hotel reception (before 5 pm)

Meeting point: Outdoor Centre Activity/Scuola Sci Dolomiti di Brenta, at the “Pian del Dossan”-intermediate station of the cableway 2001, which starts from the city centre

What to bring: trekking shoes or ski boots, gloves and a hat

Difficulty: children 5-12

Calories consumption: 250-300 calories

Cost: cableway ticket



WINTER WEEKLY PROGRAM



FRIDAY

Andalo 10.00 - 12.00 **ARTVA TRAINING CENTRE**



Family 10+

Get to know the snow and all its different crystals, as well as its history and hidden dangers. A practical lesson to learn the avalanche rescue techniques in the new ARTVA training centre, in Dosson.

How to book: book the activity the day before at your hotel reception (before 5 pm)

Meeting point: Outdoor Centre Activity/Scuola Sci Dolomiti di Brenta, at the “Pian del Dosson”- intermediate station of the cableway 2001, which starts from the city centre

What to bring: small rucksack with snack, trekking shoes, gloves and a hat

Difficulty: easy and for everyone. Children 10+

Calorie consumption: 100-150 calories

Cost: cableway ticket

Andalo 14.00 - 16.30 **SNOWSHOES EXCURSION**

Family 10+

Walking off the beaten path in snowshoes is something that everyone would love to do. It's a precious chance to learn some of the secrets of the forest and enjoy the breathtaking view on the Dolomites.

How to book: book the activity the day before at your hotel reception (before 5 pm)

Meeting point: Activity office / ski school in the city centre in front of the cableway

What to bring: trekking or walking shoes, gloves, hat, backpack with water and snack, jacket, sunglasses

Difficulty: easy for everyone. Children 10+, babies in the backpack

Calorie consumption: 300-400 calories

Cost: snowshoes hire €5 + lift ticket

Andalo 16.30 - 18.00 **FAIRY TALE INTO THE WOODS**



From 8th January

Activity Kids

Legends and fairy tales about the sprites of the woods, told while walking through the dark forest with flashlights.

How to book: book the activity the day before at your hotel reception (before 5 pm)

Meeting point: cross-country ski hire centre, at the Andalo soccer field

What to bring: trekking shoes, gloves and a hat

Difficulty: children 5-12

Calories consumption: 250-300 calories

Cost: none



WINTER WEEKLY PROGRAM



SATURDAY

Andalo 10.00 - 16.00 **SNOWSHOES EXCURSION ACROSS PAGANELLA**



Family 12+

A wild trekking on the top of Paganella with snowshoes, breathtaking view guaranteed.

How to book: book the activity the day before at your hotel reception (before 5 pm)

Meeting point: Activity office / ski school in the city centre in front of the cableway

What to bring: small rucksack with water or hot beverage and a snack, trekking or walking shoes, gloves, hat, spare t-shirt

Difficulty: people used to walk. Children 12+

Calorie consumption: more than 600 calories

Cost: snowshoes hire €5 + lift

Activities take place also in case of no natural snow: snowshoes excursions will take place as normal trekking excursions, with the same meeting point. Ski touring, cross-country skiing and the ARTVA training centre are also guaranteed thanks to the artificial snow.



WINTER WEEKLY PROGRAM



Only Friday 29th December and 5th January

Molveno 9.00 - 12.00 **SNOWSHOES THROUGH THE DOLOMITES**

Family 8+

A panoramic trekking in Pradèl to experience the emotion of walking through the Dolomites.

How to book: book the activity the day before at your hotel reception (before 5pm)

Meeting point: Molveno, cablecar starting point

What to bring: small rucksack with water and snack, trekking or walking shoes, gloves and a hat.

Difficulty: easy and for everyone. Children 8+

Cost: snowshoes hire €5 + lift

Only Sunday 31th December

Andalo 16.00 - 18.30 **SNOWSHOES EXCURSION ON NEW YEAR'S EVE**

Family 7+

Walk through the forest at dusk to celebrate New Year and taste our typical vin brulè (mulled wine)!

How to book: book the activity the day before at your hotel reception (before 5 pm)

Meeting point: climbing wall by the Andalo sports centre, Mountain Guide chalet

What to bring: trekking or walking shoes, gloves and a hat

Difficulty: easy and for everyone. Children 7+

Cost: snowshoes hire and vin brulè or tea €7