

Weekly program 14th June – 19th September

ACTIVITY

- · Certified guides only and small groups
- Guaranteed activities even with poor weather (not too bad).
- Booking is mandatory within 5pm the day before the activity, except from Monday's activities, which can be booked within 22pm the day before the activity.
- Trekking clothes and shoes are always required. It is better to have a backpack with water, snack and a waterproof jacket.
- Reserved prices for Activity hotel guests only

MONDAY

ANDALO 9.00/15.00 Paganella landscapes

Panoramic trekking visiting the most scenic spots of Paganella. The trekking is about 10km with 500m of ascent.

Technical details: children 10+, trekking shoes, waterproof jacket, water,

packed lunch (it is also possible to eat at the refuge)

Meeting point: 9.00 Andalo, 2001 cable car departure

Price: 5€ + cable car ticket + lunch for those who are interested at the refuge

MOLVENO 15.30/18.00 Sciury Path

We follow an easy path learning how to walk on different terrains into the beautiful "squirrel forest" in Pradel

Technical details: families, kids 5+, trekking shoes, waterproof jacket, water.

Meeting point: 15.30, Molveno cable car departure

Price: 5€ + cable car ticket

TUESDAY

MOLVENO 8.30/15.00

Geotrekking, Croz Altissimo and Selvata refuges

The traditional trekking to admire the Brenta Dolomites and its traditional refuges. The trekking is about 13km with 500m of ascent.

Technical details: kids 10+, suitable for people used to walking, trekking shoes, waterproof jacket, water, packed lunch (it is also possible to eat at the refuge)

Meeting point: 8.30 Molveno cable car departure.

Price: 5€ + cable car ticket + lunch at the refuge for those who are interested

ANDALO 15.30/18.00
The little explorer
Activity Kids – only kids 5+

We go in search of fossils and learn the different rocks and trees that belong to these mountains

Technical details: sports clothes

Meeting point: 15.30 Andalo Activity Chalet, Sport Centre

Price: 5€

SAN LORENZO DORSINO 14.30/16.30

Slow-paced village tour

Visit one of the most beautiful village of Italy: San Lorenzo Dorsino **Technical details:** easy walk suitable also for small children in stroller or backpack



Meeting point: 14.30 San Lorenzo Dorsino, Piazza della Chiesa (by the church)

Price: 5€

WEDNESDAY

MOLVENO 8.30/16.30

Expert trekking - Malga Spora - into the Dolomites

A tough but stunning trekking leads us between the Croz dell'Altissimo and Piz Galin peaks where the landscape is breathtaking. The trekking is about 15km with 1200m of ascent.

Technical details: kids 14+, suitable for hikers. Trekking shoes, backpack with

water snack and packed lunch, waterproof jacket, spare t-shirt.

Meeting point: 8.30 Molveno, cable car departure.

Price: 10€ + cable car ticket

MOLVENO 15.00/18.00

E-MTB tour

Tour around Molveno and Nembia lakes, ending with an aperitif on the beach during the sunset.

Technical details: adults only, able to ride a bike offroad **Meeting point:** 15.00 Molveno, chalet activity on the beach

Price: 5€ + 20€ nolo e-bike

ANDALO 15.30/18.00
I lost my compass
Activity Kids – only kids 5+

Discover how to find our bearings using the sun position, muss and some helpful plants and learn how to read a map playing orienteering.

Technical details: kids only 5+, waterproof jacket.

Meeting point: 15.30, Andalo Activity Chalet, Sport Centre.

Price: 5€

THURSDAY

MOLVENO 9.00/13.00

The forgotten wall, climbing and yoga

Learn how to meditate and how to climb in a stunning place with everything you could dream of, a stream, a beautiful lawn and one of the best climbing wall of Italy.

Technical details: kids 10+

Meeting point: 9.00 Promeghin sport centre, San Lorenzo in Banale

Price: 10€

MOLVENO 7.00/17.00

Expert trekking - Brenta traverse and Pedrotti refuge (2500m)

A new and satisfying traverse into the wilderness. True hikers cannot miss this opportunity! We walk through val d'Ambiez and we reach the stunning Pedrotti refuge. The trekking is about 20km with 1200m of ascent.

Technical details: kids 14+, suitable for trained hikers, trekking shoes, waterproof jacket, snack, water and packed lunch (there is also the possibility to eat at the refuge)

Meeting point: 7.00 Molveno, activity chalet on the beach

Price: 10€ + 30€ taxi jeep + lunch at the refuge for those who are interested.

ANDALO 15.30/18.00
Climbing, what a passion
Activity Kids – only kids 5+

Try to climb on the artificial climbing wall in Andalo; we will also learn how to prepare our backpack and what we need for a day of hiking.

Technical details: sport shoes

Meeting point: 15.30, climbing wall, Andalo Activity Chalet, Sport Centre.

Price: 5€

ANDALO 21.30/23.00
Discover the night into the forest

Learn how to walk into the darkness of the night, using all our senses.

Technical details: trekking shoes, kids 5+

Meeting point: 21.30 Andalo Activity Chalet, Sport Centre.

Price: 5€

FRIDAY

ANDALO 9.00/15.30

Canfedin, among marmots and edelweiss

This trekking winds along the path running on the wild South ridge of Paganella mountain, crossing alpine meadows, the ideal habitat for marmots and edelweiss. This trekking is about 12km with 500m of ascent.

Technical details: kids 10+ suitable for trained walkers, trekking shoes, waterproof jacket, snack, water and packed lunch (there is also the possibility to eat at the refuge)

Meeting point: 9.00 Andalo 2001 cable car departure.

Price: 5€ + cable car ticket + lunch at the refuge for those who want.

CALDES, VAL DI SOLE

Family rafting

Try two hours of rafting on Noce river in Val di Sole, and then relax with an easy MTB tour, enjoy an adventure park, or have fun with paintball, you have plenty of options!

Technical details: kids 6+, swimsuit, spare shoes, showering items

Price: 35€

Call 0461/585353 for booking and informations (booking mandatory before Wednesday evening)

ANDALO 15.30/18.00
Trace the track
Activity Kids – only kids 5+

Go on search of the tracks left by the animals that live in the mountains.

Technical details: sport shoes

Meeting point: 15.30, climbing wall, Andalo Activity Chalet, Sport Centre.

Price: 5€

SATURDAY

MOLVENO 9.00/10.30 or 11.00/12.30 Nordic Walking – the art of walking

Easy trekking with Nordic Walking poles.

Technical details: kids 8+, trekking or running shoes **Meeting point:** Molveno, chalet Activity on the beach

Price: 5€ poles' rental included

ACTIVITY EXTRA

Do you want more? Here what we can offer on demand:

- vie ferrata
- climbing in Dolomites and Adamello
- trekking
- e-mtb tour in Tovel lake, Stenico castle and more
- enduro experience
- canyoning