

Weekly program 10th June – 15th September

ACTIVITY

- Guaranteed activities even with poor weather (not too bad).
- Booking is mandatory within 5pm the day before the activity, except from Monday's activities, which can be booked within 22pm the day before the activity. After that, booking is possible only through our new app.
- Trekking clothes and shoes are always needed. It is better to have a backpack with water, snack and a waterproof jacket.

How to choose your activity

- Family kids 5/6+: trekking for people used to walking. Kids aged 5/6+ years old
- Activity Kids only kids 5+: easy walk and educational activity. Kids aged 5+ years old
- Trekking kids 8+ trekking for people used to walking on mountains path; <500m elevation gain. Kids aged 8+ years olds
- TREKKING+ Boys 14+: trekking suitable for trained hikers; 1000m elevation gain. Boys aged 14+ years old
- E-Bike tour Boys 14+ tour suitable for bikers able to ride off-road.

MONDAY

HEW

ANDALO 9.00/15.00 Excursion – Paganella caves - Bùs de la Giazz Trekking – kids 8+

Geological trekking visiting the cave in Paganella mountain called Bus de la Giazz (ice hole).

Technical details: children 8+, trekking shoes, waterproof jacket, water.

Meeting point: 9.00 Andalo, 2001 cable car departure

Price: cable car ticket, lunch for those who are interested at the refuge

Energy expenditure: 800 calories.

MOLVENO 15.00/17.30

Sciury World: the perfect path for young explorers

Family - kids 5+

Suitable for children, but interesting also for adults, "SCIURY" is an easy walk to discover one of the inhabitants of our forests.

Technical details: children 5+, trekking shoes, waterproof jacket, water.

Meeting point: 15.00 Molveno, cable car departure.

Price: cable car ticket.

Energy expenditure: 400 calories.

TUESDAY

ANDALO 9.00/15.00
Canfedin, among marmots and edelweiss
Trekking – kids 8+

This trekking winds along the path running on the wild South ridge of Paganella mountain, crossing alpine meadows, the ideal habitat for marmots and edelweiss.

Technical details: for trained walkers, 12km and 400m of ascent

Meeting point: 9.00 Andalo cable car departure.

Price: cable car ticket, lunch at the refuge if required.

Energy expenditure: 1000 calories.



SAN LORENZO DORSINO 14.30/17.30 Secrets and virtues of plants, "Il Ritorno farm" Family - kids 5+



Visit to the biodinamic local farm "Il Ritorno" and laboratory with aromatic plants. San Lorenzo Dorsino village is member of the club "The best Italian rural villages".

Technical details: small children in stroller or backpack **Meeting point**: 14.30 San Lorenzo Dorsino, Church Square.

Price: € 3 (free for children under 4 years old), for tasting syrups and infusions.

ANDALO 15.30/17.00
I lost my compass
Activity Kids – only kids 5+



With a young and qualified guide, we discover how to find our bearings using the sun position, muss and some helpful plants.

Technical details: kids only 5+, waterproof jacket.

Meeting point: 15.30, Andalo Activity Chalet, Sport Centre.

Price: 5€

WEDNESDAY



MOLVENO 9.00/13.00 Geotrekking, Croz Altissimo refuge 1500 m. Trekking – kids 8+

The traditional trekking to admire the Brenta Dolomites to Croz dell'Altissimo refuge. Packed lunch or lunch at the refuge.

Technical details: for people used to walking, 8km 200m of ascent, 700 of

descent.

Meeting point: 9.00 Molveno cable car departure.

Price: cable car ticket

Energy expenditure: 700 calories.

MOLVENO 14.00/16.00 – 16.00/18.00 electric MTB – tour around Molveno lake E-Bike tour - Boys 14+

Discover the beautiful Molveno Lake, led by a MTB instructor.

Technical details: children 14+, sneakers, small backpack, waterproof jacket,

water. Suitable for people able to ride a bike off-road

Meeting point: 14.00 or 16.00 (two rounds) Molveno, chalet Activity at the

Molveno beach.

Price: E-mtb rental € 20

Energy expenditure: 600 calories.



ANDALO 15.30/17.00
Climbing, what a passion, and balance games
Activity Kids – only kids 5+

Try to climb on the artificial climbing wall in Andalo and learn how to keep your balance with some fun exercises.

Technical details: sport shoes

Meeting point: from h 15.30 to h 17.00, climbing wall, Andalo Activity Chalet,

Sport Centre. **Price:** € 5.00

THURSDAY

MOLVENO 7.00/17.00
Brenta traverse and P

Brenta traverse and Pedrotti refuge (2500m)

TREKKING+ - Boys 14+

A new and satisfying traverse into the wilderness. True hikers cannot miss this opportunity! Starting from Molveno we go up to Forcolota di Noghera to reach Pedrotti refuge.

Technical details: for trained hikers, 1000m of ascent; waterproof jacket,

snack and water

Meeting point: 7.00 Molveno, chalet Activity at the Molveno beach. **Price**: refuge taxi €30, lunch at the refuge for those who want it

Energy expenditure: 1500 calories.

MOLVENO - NEMBIA 10.00/12.00
Nordic Walking Nembia Lake WWF Oasis
Family - kids 6+

Easy trekking in the beautiful area of Nembia Lake with Nordic Walking poles.

Technical details: trekking or running shoes **Meeting point:** 10.00 Nembia Lake Parking.

Price: € 5 for poles' rental

Energy expenditure: 500 calories.



ANDALO 15.30/17 .00 Trace the track Activity Kids – only kids 5+

Challenge your friends to find as many as footprints of animals living in the forests as you can. We are going to have the explorer's backpack with telescope and map.

Meeting point: 15.30 Andalo Activity Chalet, Sport Centre.

Technical details: children only 5+, trekking shoes

Cost: 5€

FRIDAY

ANDALO 5.00/12.00

Malga Tovre sunrise: live the malga experience

Family - kids 6+

Living the sunrise in the Dolomites is a unique experience and at the malga you will try to milk cows and see how farmers make fresh cheese!

Meeting point: 5.00 Andalo Activity Office, Via Paganella 3a (opposite the cable car departure); short transfer to Valbiole parking with own cars.

Technical details: 300m of ascent

Price: € 15.00 breakfast included - free until 5 years old - € 10.00 until 12 years

old



MOLVENO 14.30/17.30 Via Ferrata Experience Family – kids 8+

We learn how to climb a via ferrata, using harness, carabiners and helmet led by an alpine guide.

Technical details: trekking shoes

Meeting point: 14.30 Molveno, chalet Activity Molveno beach

Costi: 7€ equipment rent



ANDALO 15.30/17.00 The little geologist Activity Kids – only kids 5+

We go in search of fossils and learn the different rocks that belong to these mountains.

Technical details: sports clothes

Meeting point: 15.30 Andalo Activity Chalet, Sport Centre

Price: 5 €



ANDALO 21.00/22:30 Into the woods at night – listening to the nature Family – kids 6+

We go out at night listening to the nature and admiring the starry sky.

Technical details: trekking shoes, warm clothes could be useful

Meeting point: 21.00 Andalo Activity Chalet, Sport Centre



SATURDAY

ANDALO 8.00/16.00
MALGA SPORA
TREKKING+ - Boys 14+

We go up to Malga Dagnola with the jeep and then we walk into the wildest and most stunning aerea of Brenta Dolomites. Our destination is Malga Spora, located into a beautiful field between the peaks, where tithose who want will have the opportunity to eat some true akpine products for lunch.

Technical details: suitable for hikers, 800m of ascent. Trekking shoes, backpack with water snack, waterproof jacket, spare t-shirt.

Meeting point: 8.30 Andalo Activity Chalet, Sport Centre

Price: refuge taxi €16.

Energy expenditure: 1300 calories.

SUNDAY



Reach the peak of Croz dell'Altissimo, from where we will have a stuning view of the Brenta Dolomites.

Technical details: suitable for hikers, 800m of ascent. Trekking shoes,

backpack with water snack, waterproof jacket, spare t-shirt.

Meeting point: 8.00 Molveno, cable car departure.

Price: cable car ticket

Energy expenditure: 1300 calories.