



ACTIVITY WEEK from 12 June until 16 September 2017

MONDAY

Andalo h 9/12 Excursion: Paganella caves - Bùs de la Giazz *family 8+*

Geological excursion to the top of Paganella mountain and visit to the cave Bùs de la Giazz, a fossil glacial cave. Packet lunch or lunch at Malga Zambana Refuge.

Technical details: children aged 8+. Trekking shoes.

Meeting point: h 9,00 Andalo cable car departure.

Price: cable car ticket lunch at the refuge, if required.

Molveno h 15/17,30 Walking through grazing lands and alpine huts *family 5+*

Malga Tovre, at the bottom of Brenta Dolomites, in summer becomes a suggestive and uncontaminated grazing land for cows, sheep and goats. Malga Tovre produces and sells dairy products.

Technical details: children 5+. Babies in backpack carriers.

Trekking shoes. **Meeting point:** h15,00 Molveno cable car departure. **Price:** cable car ticket.

Andalo h 15.30/17 Climbing, what a passion!

from 3 July until 28 august family 5+

Try to climb on the artificial climbing wall in Andalo 15mt high. The ultimate challenge for kids and parents.

Meeting point: from h15.30 to h17.00, climbing wall, Andalo Activity Chalet, Sport Centre. **Price:** € 3.00

TUESDAY

Molveno h 9/15 Geotrekking, Brenta Huts Tour trekking *trek 10+*

The traditional trekking to enter the Brenta Dolomites, passing through Croz dell'Altissimo Hut and Selvata Hut. Packet lunch or lunch at the refuge.

Technical details: for trained trekkers. Trekking shoes. Children

aged 10+. **Meeting point: h 9,00** Molveno cable car departure.
Price: cable car ticket, lunch at the refuge, if required.

San Lorenzo Dorsino h 14,30/17,30 the secrets and virtues of plants , “Il Ritorno farm” *family 0+*



Visit to the biodinamic local farm “Il Ritorno” and laboratory with aromatic plants. San Lorenzo Dorsino village is member of the club “The best Italian rural villages”.

Meeting point h14,30 San Lorenzo Dorsino, Church Square.

Price: € 3 for the plants laboratory.

WEDNESDAY

Andalo h 9/15 The eagles pathway *trek 10+*

A secret, wild and breathtaking path overlooking the Adige Valley. Descent to Dosso Larici Refuge for lunch through the botanic path and back to Andalo by cable car.

Technical details: kids 10+. For trained walkers. Trekking shoes.

Meeting point h 9,00 Andalo cable car departure.

Price: cable car ticket and lunch at the refuge, if required.

Molveno h 16/18.30 The way and life of water *family 5+*

Follow the story and the water route through Molin's promenade to discover the water's energy, the mysterious history of the lake, and the life that the people conveys to the ittiogenic center, a unique reality in Trentino.

Technical details: kids 5+. Babies in backpack carriers.

Meeting point h 16,00 Molveno chalet Activity on the beach of Molveno lake

THURSDAY

Molveno h 7,30/17 Pedrotti hut mt.2491 in the heart of Brenta *trekking +*

A classical trekking entering the Brenta Dolomites.

Technical details: for trained walkers, mt.1000 ascent. Trekking shoes, backpack, water, packet lunch.

Meeting point: h7,30 Molveno Activity Chalet, Lido di Molveno.

Price: € 16.00 taxi service to Croz dell'Altissimo hut and lunch at the refuge, if required.

Andalo h 10/12 Nordik Walking: healthy walking *healthy Lab*

A Nordik Walking instructor will introduce you to this complete and healthy activity walking around the Andalo lake.

Meeting point: h10,00 Andalo Sport Centre, Mountain Guide chalet/climbing wall.

Price: € 5.00 rental poles

FRIDAY

Andalo h 05/12 Malga Tovre sunrise: live the malga experience *family 8+*

Living the sunrise in the Dolomites is a unique experience and at the malga you will try to milk cows and see how farmers make fresh cheese breakfast is ready!

Meeting point: h5,00 Andalo Activity Office, Via Paganella 3a (opposite the cable car departure); short transfer to Valbiole parking by guests' cars.

Technical details: children 8+. Trekking shoes.

Price: € 15.00 breakfast included - free until 5 years old - € 10.00 until 12 years

Molveno 14.30/17.30 Iron path Experience *family 8+*

Harness, carabiners and a helmet for an easy vertical experience along a short iron path up a rock face.

Meeting point: h 14.30 Molveno Activity chalet on the beach of Molveno lake.

Price: € 5.00 rental equipment

SATURDAY

Andalo h 9/15 Cima Canfedin, among marmots and edelweiss *trekking 10+*

The trekking winds along the path running on the wild South ridge of Paganella mountain, crossing alpine meadows, the ideal habitat for marmots and edelweiss.

Technical details: for trained walkers. Trekking shoes. Children aged 10+.

Meeting point: h 9,00 Andalo cable car departure .

Price: cable car ticket, lunch at the refuge if required

Molveno h 16/18 Nordik Walking: healthy walking *fitness Lab*

Introduction to the Nordik Walking techniques walking around

Molveno lake **Meeting point: h16,00** Molveno Activity Chalet on the beach of Molveno lake. **Price:** € 5.00 rental poles